

Spring Of Hope

Enabling rural communities in Uganda to help their disabled children!

Spring of Hope Trust: UK Charity No 1143559. Uganda CBO Reg No 29/2011.



www.springofhopetrust.org.uk

Annual Report 2012- 2013

Dear Friends,

Our Strap line is ***Together we can make a difference***, so can we start of by saying **THANK YOU** because we have indeed made a big difference to the lives of many individuals over in Uganda.

This report will be fairly brief but we, as Trustees (Spring of Hope Trust Board), feel it's important to keep you all well informed and are accountable for the donations and support you provide. We meet three or four times a year to review the regular reports sent in by Spring of Hope Uganda and to explore fund raising opportunities. The Board is made up of:

- Joan Harding (Retired Social worker) – Chair
- Gary Nichols (Qualified Accountant) – Treasurer
- Jean Clark (Retired Social worker) – Secretary
- Lynne Wallis (Retired Social worker) stepped down from the board during the year due to family commitments. The board are appreciative of her continued interest and the support she has provided since SoHT was established.
- Tina Roux (Qualified Physiotherapist)
- Adie Hickman (Qualified Physiotherapist)
- Sarah Woodruff (Ophthalmic Nurse)

Financial Information

The year Sept '12 to August '13 saw receipts of £27,106. Regular giving accounted for 34.3% leaving 65.7% as one off giving including donations and fundraising activities. Ideally SoH needs to increase its regular income as it provides more security for the support provided in Uganda. Fortunately the average monthly income has increased a little over the last year and is around £1,750 per month although expenditure is currently at £1,830 per month. Regular expenditure is higher than regular income as one off gifts or funds have enabled this to be sustained for the time being.

Your financial support is directed to SoH in Uganda regularly, SoH Trust does keep a small reserve, in line with the Charity Commissions requirements (to cover any redundancies or emergencies) so the funds are processed effectively. We are delighted that we can now reclaim tax paid in the UK and we have set up a number of ways to give online as well as promoting regular giving through the bank. (Do let us know if you need either a tax reclaim form or a standing order form)

Do let us know if you are doing a fundraising event be it small or large. Coming up soon:

- Team Davies takes on the challenge: Two non-cyclists take on London to Brussels via Amsterdam.
<http://uk.virginmoneygiving.com/team/PandLDavies>
- Concert on Saturday 12th April 7.30 Huntingdon Male Voice Choir and Soloist Philip Millward (Organ) Tickets: in advance £8 and concessions (£10 on the door) Contact Jean Clark 01480 890033
springofhopeuk@talktalk.net

Spring of Hope Uganda (SoHUG)

SoHUG continues to run its wide range of programmes, and we hope you enjoy reading their newsletters. We will not bore you too much with too many facts and figures but thought that you might like to know that their monthly budget is spent as follows:

- 66% on Community based programmes
- 17.3% on Education and related activities
- 16.7% on Property, utilities and administration

Kangulumira clinic runs each month from the SoH Office base. There are routinely around 130 disabled children attending with one of their parents. The actual number of disabled children we support in the

local area is actually higher than that as some attend one of the drop-in clinics held weekly or have home visits or are visited at the school.

Wabwoko Assessment Clinic continues to run monthly with an average attendance of around 170 disabled children. A large percentage of these have multiple disabilities including epilepsy. This year we supported several children with hydrocephalus and an even higher number of children with cerebral palsy.

Home Visits are a key element of SoHUG support to families. Visits in the rural areas are done on “boda boda” motorbikes. Visits generally provide physiotherapy and reviews of treatment, and may also provide assessment of equipment or treatment needs, or nutrition supplements. Our occupational therapist teaches activities of daily living, including bathing, washing clothes, peeling, or sweeping, depending on the child’s needs. On average staff make in the region of 30 home visits each month, these are mostly to children with physical disabilities, although not exclusively.

Drop-In Clinics The weekly Thursday session also provides an effective way of providing physiotherapy, reviewing progress and treatment or assessing new children. Parents also come to the SoHUG office on other days aside from the official drop-in day. The number of children who have been turning up for physical therapy has increased in the last 3 months of 2013.

International volunteers . SoHUG have been blessed by a number of volunteers during 2012. The support they provide our team is invaluable. A link with Eye for Africa now means that regular volunteers with vital skills, including physiotherapists and occupational therapists can work alongside our team. 2012 saw volunteers from USA, Italy, Holland and of course some from Uganda.

Schools Work. SoH currently have sponsors linked to 29 children with disability who are now supported in school. Members of the team visit weekly offering reviews and physiotherapy etc as needed. SoHUG also have a long term Ugandan based volunteer who provide some sports coaching and one to one coaching in the school. SoH’s international volunteers also love to get involved with our sponsored children.

Nutrition SoH supplies some nutritional supplements to malnourished children on a weekly basis. The supplements (including a mixture of millet flour + maize flour) are given to the carers on Thursdays during drop-ins or home visits along with advice to promote eating and good health. Parents are always encouraged to breastfeed and are given ways to improve the sanitation of drinking water. The actual numbers vary each month with an average of around 15 a month.

Hopes for the Future SoHT and SoHUG have many hopes and aspirations for 2013 they include:

- Increase in funding for services and staffing
- Increase number of referrals for medical treatment (registration and travel costs).
- Increase amount of equipment for children.
- Re-establishing the Parish Clinics to reach kids/ families in the community more effectively
- Additional training to give parents skills that will help them help their child.
- Increased partnerships with organisations to provide mosquito nets, nutrition supplements etc.
- Employing a speech therapist to help children with speech and swallowing problems.

and

- building a dedicated Rehabilitation treatment and office base – we hope to launch this later in 2013

More information If you would like further information then do contact us at springofhopeuk@talktalk.net

and Finally We hope you have found this report of interest. But most importantly we just want to say again:

Thank you for your support – we really could n’t do this without you – as we said

Together we can make a difference